

## OUR MANDATE

The Students' International Health Association's mandate is to transform primary health care philosophy into action by creating sustainable projects locally and internationally. Internationally, we work with NGOs and grassroots organizations to create a framework for sustainable health education practices focused on HIV/AIDS, malaria, maternal health and safe water.



Need to  
Contact Us?

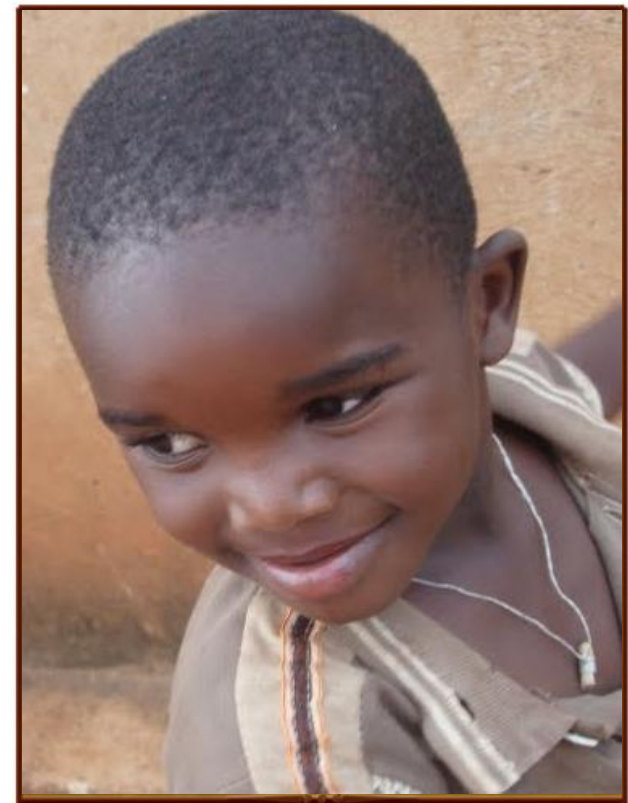
## SIHA

### International

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## Students' International Health Association

SIHA  
2009-2010



## History

### Past Successes



In 1989 University of Alberta student Barbara Russel founded SIHA to promote the Alma Ata mandate of “Health for All”. After years of acting as a forum for discussion, in 1992 SIHA launched its first international project in Guyana. In 1997 SIHA expanded projects to Tanzania. Early project education focused on sexual health, infant and maternal health, diabetes, hypertension and anemia. SIHA is operated completely by students based at the U of A.

## Present

### Education and Health Promotion

Health education is a major factor in combating the high prevalence of disease and illness in developing nations. SIHA’s goal is to provide information regarding disease prevention practices. Seminars delivered to the community are complemented by a growing community outreach program. Collaboration with community and student groups allows SIHA to generate sustainable change and develop a strong relationship with local people. Through the provision of health products like condoms and bed nets, SIHA hopes to lessen the burden of disease on the population. At least 50% of each SIHA team’s budget is designated for products for the community. SIHA currently operates two projects in the rural villages of Lugoba and Veyula..

## Future Goals

### A Legacy of Sustainable Change



Past SIHA projects have helped to create community groups like MACOPA (Malaria Control Partnership) and found institutions like a community library. Community development is an important goal of SIHA, and collaborations with youth, HIV and women’s groups allows health education to continue after SIHA leaves a community. Every project team uses community outreach to build a lasting foundation for change.

*To donate or to learn more about our organization, please visit us at [www.siha.ca](http://www.siha.ca)*