



Students' International Health Association

Local Projects Youth Health Educator Application Form

SIHA - Local Projects is always looking for new volunteers to present our three curricula ("Think Positive. Test Negative.", "STIs and You", and the new Diet and Exercise) at Edmonton high schools and youth organizations. All volunteers will be required to attend **4 mandatory training sessions held on October 17th ,18th , 24th and November 7th** (times are tentatively set for **8:30am-5 pm**).

After completing the training session volunteers are able to

- Teach at schools around their own schedule!
- Directly give input into the direction of SIHA at monthly meetings
- Represent SIHA in various intramurals on campus!
- Brainstorm and participate in fundraising and health awareness events
- Run for Executive positions

Join the Local Team and grab that leadership and teaching experience you have always wanted! Become a volunteer and run for an executive position and be on the forefront of health education!

If you are interested in volunteering, please submit **this completed application** and a **resume** to the SIHA office located in the basement of SUB (Room 040-E) by **Friday, September 19 at 4:00 PM**. At this time you must also **sign up for an interview (sheet will be on office door)**. If you have any questions or concerns please e-mail us at: **siha.local@gmail.com**

Name

Program/Year

Phone Number

E-mail address

What is SIHA Local?

The Students' International Health Association (SIHA), in partnership with HIV Edmonton, is an active body of interdisciplinary members committed to transforming primary health care philosophy into action. All of our projects are based on the ideals of universal health care with principles of sustainable, community-based programming.

The Local Projects branch of SIHA is dedicated to delivering information about HIV/AIDS and positive lifestyle choices to Edmonton high schools, youth organizations and youth shelters. The past six years have seen the successful implementation of our HIV/AIDS/Hepatitis C Youth Education Project, "Think Positive. Test Negative." as well as our Sexually Transmitted Infections (STIs) curriculum, which aims to provide youth with information on a broad range of sexually transmitted infections.

This year, SIHA Local is introducing another presentation aimed to educate youth about dietary habits. With the help of the Mazankowski Heart Institute, volunteers are thoroughly trained in nutrition and will be delivering our new curriculum "*Battle of the Bulge: Healthy Diet and Exercise*".

There are 2 phases to member selection. Each involve several objectives and seek different qualifications. They are as follows:

Individual Interview

- Applicants are able to voice concerns and ask questions pertaining to the project.
- Applicants are assessed for their ability to be involved in presenting material dealing with sexual intercourse and sexuality.
- Applicants personality is assessed and several criteria is looked at including communication skills.
- Applicants ability to act as both a group member and group leader is assessed.

Final Team Selection

- Please note that all members are selected based on several criteria throughout the 2 phases and in the best interests of SIHA, as well as all individual team members as judged by the acting 2008-2009 Executive members.
- The purpose of SIHA is to go and provide a service in the local community. Friendship is a bonus, not the reason we chosen you for an educational project. Being a member of SIHA is to be looked at as having a job with a professional organization.
- If members feel uncomfortable with fellow team members, and feel like issues cannot be resolved they will be asked to remove themselves from the SIHA organization.
- Members are multidisciplinary; no faculty will be given precedence over another.